

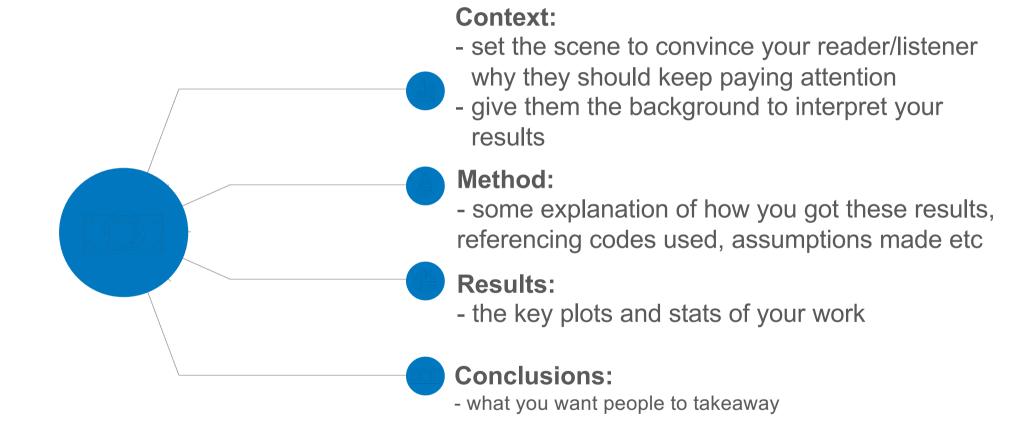
How to give a good presentation

La Silla Summer School 2025

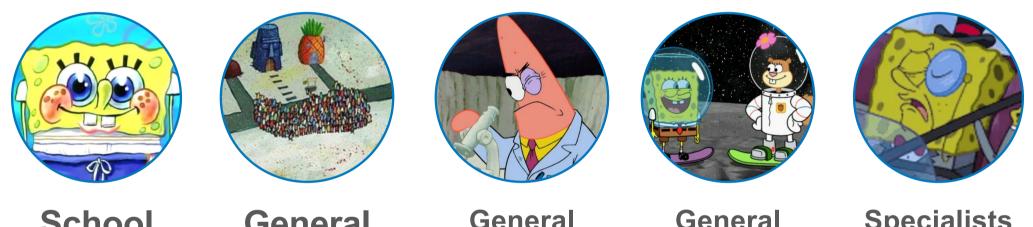
Abigail Frost

Operations staff astronomer @ ESO

Every presentation, no matter the form, should cover some key areas



Presentations should be tailored to the specific audience e.g.

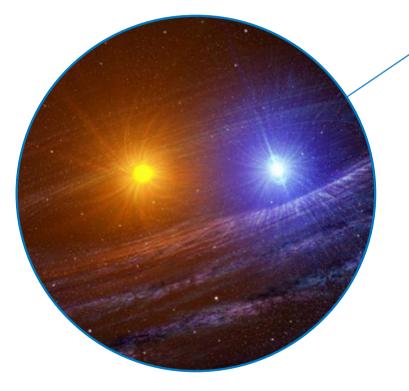


School child General public

General Scientific Audience General Astronomy Audience Specialists within the field

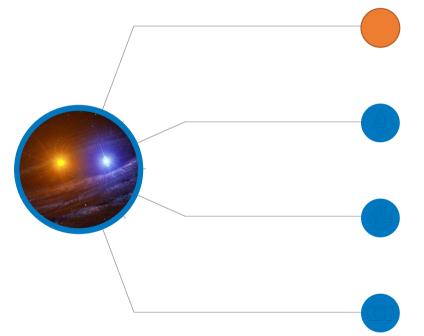
Case Study: Massive stellar multiplicity





How can this science be tailored to different audiences?

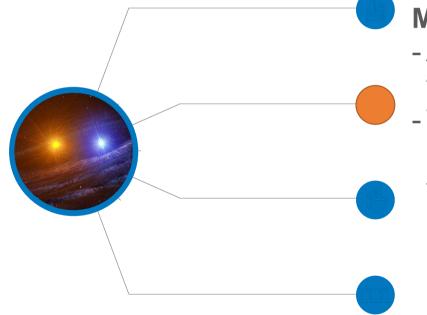




Context:

- What is a star? Stars in the sky are balls
- of superhot gas
- Sun is a star! We need it to live on Earth
- Sun is actually very small though, some stars are much bigger
- We care about these stars because they make lots of the stuff we are made out of (heavy elements) and cool explosions etc.
- If a massive star has a friend then this can change its whole life





Method:

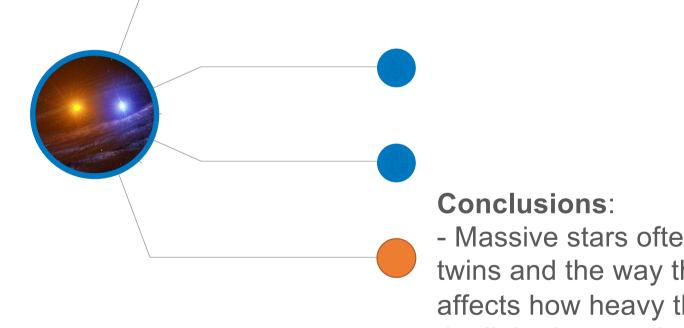
- Astronomers use telescopes to view stars that are very far away
- The light that we use to see is a form of 'radiation' but there are lots of different types we can use to view objects in space like stars e.g. we can spread the light out (spectroscopy), get pictures of it (images) etc.



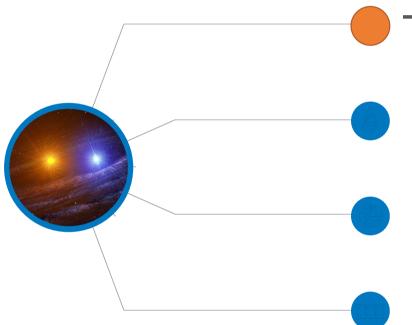
Results:

- e.g. by splitting the light we can different parts of it moving in opposite directions and see if 2 stars are present (SB1/SB2)
- By doing this for lots of stars we found that e.g. a lot of the biggest stars are actually twins (q ~ 1 for Otype stars)





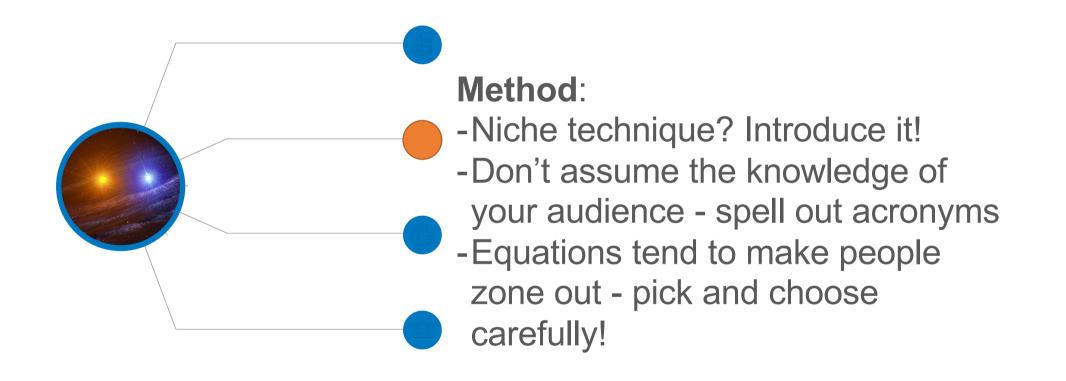
- Massive stars often exist as twins and the way they interact affects how heavy they are and the light they produce



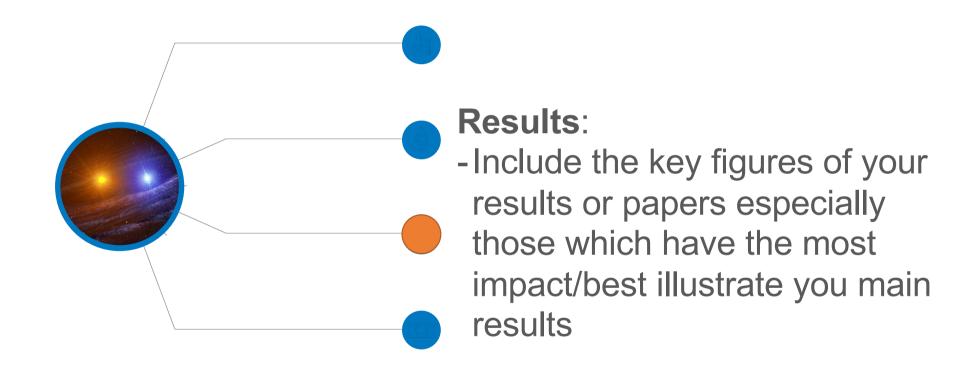
Context - still important!

- Massive stars are the most influential stars in the Universe stellar winds significant enough to effect galactic gas dynamics, sole creators of SNe and key enrichers of ISM and thus lay groundwork for planetary systems like our own etc



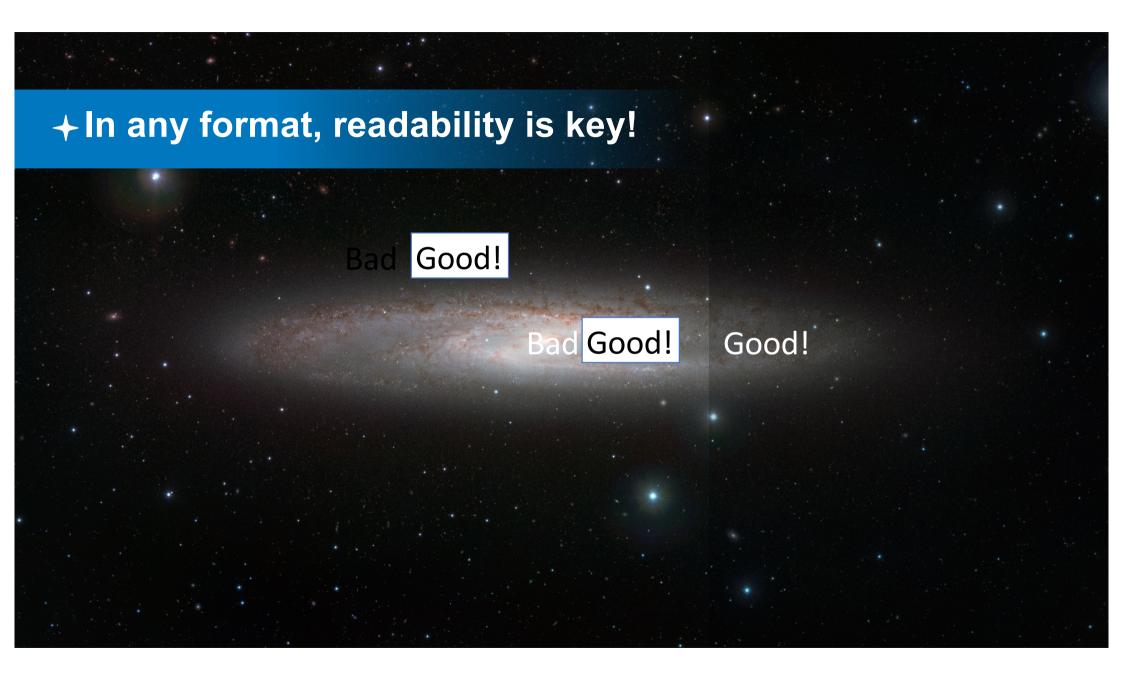












In the rest of this talk I'm going to focus on two kinds of presentation

Posters

Oral presentations





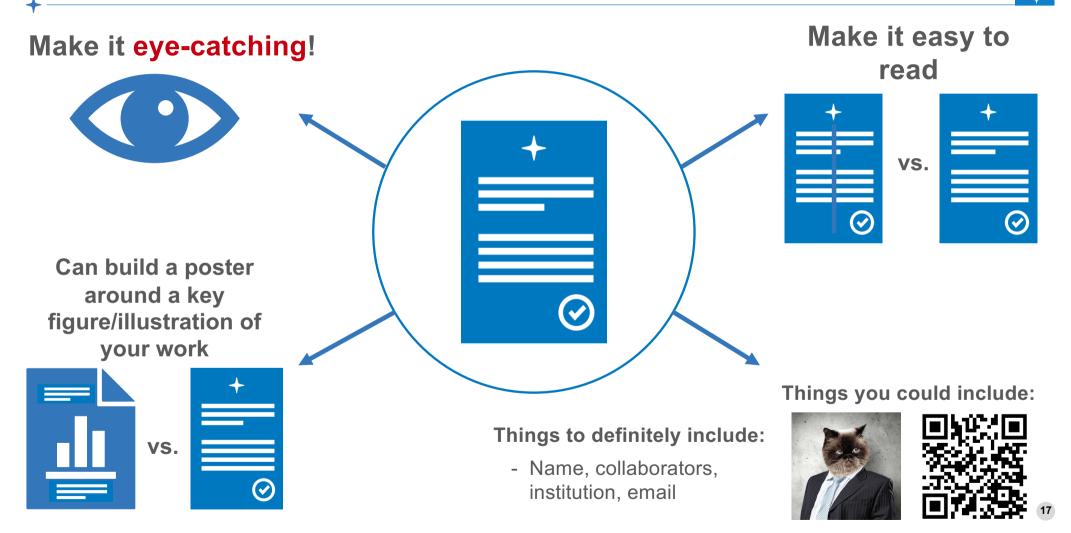
Posters

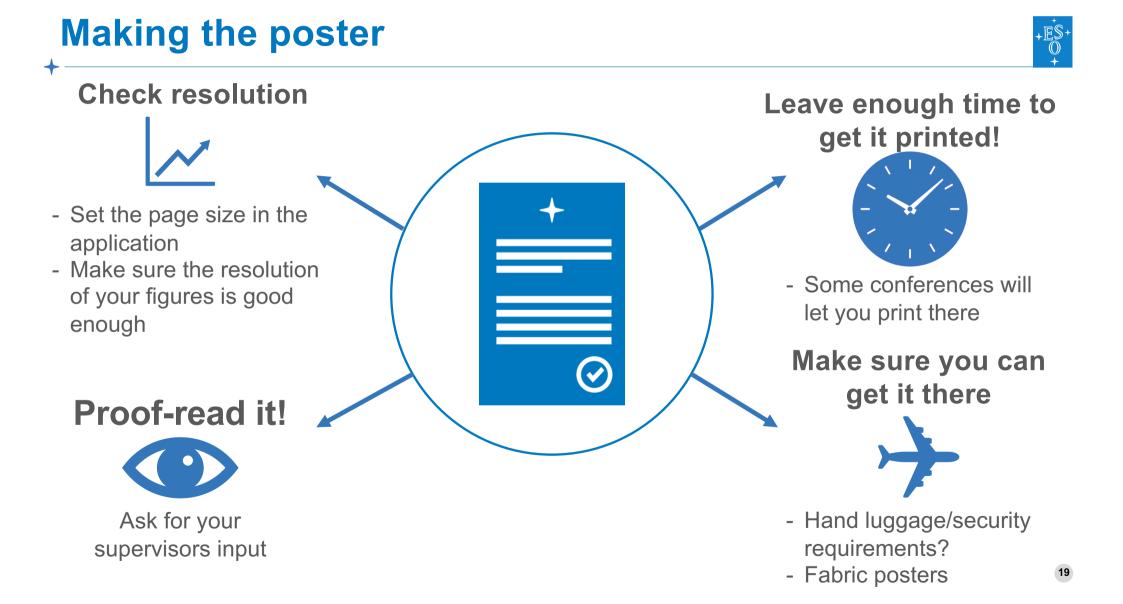


- No guaranteed/captive audience
- MANY other posters
- Often limited dedicated time for poster viewing & distractions (like coffee/snacks)
- So you NEED to grab peoples' attention



Designing a poster - NOT a paper printed in A0!









Be proactive - stand by it!



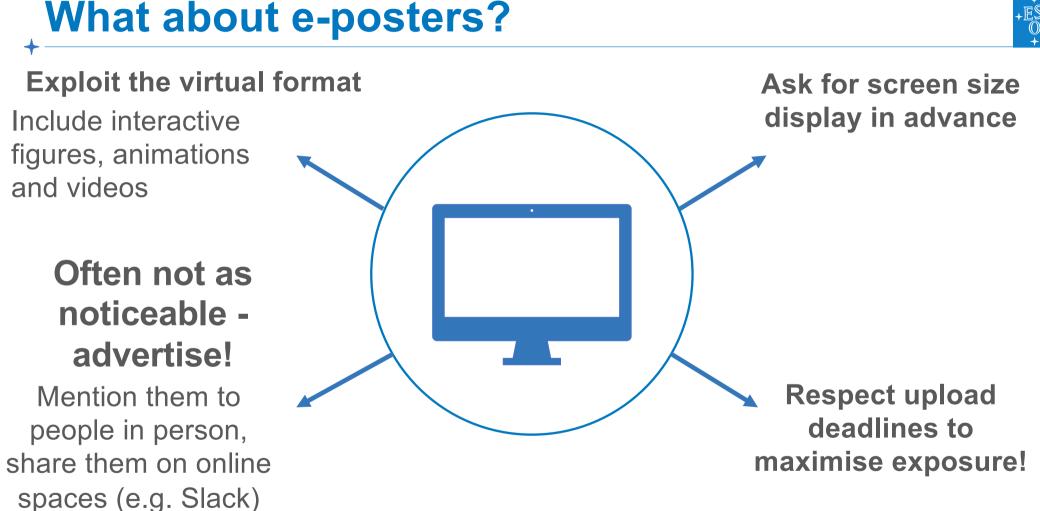
Have a short summary/pitch ready

Poster 'flash' sessions

- <5 mins to advertise your poster to the audience of the oral presentations
- Often you will get one slide to show
 - Don't just submit the poster as the slide as it won't be legible
- Don't overrun
- Include a recognisable part of your poster
- Don't have to give it all away!















Tailor it to your audience

- Make sure you're on topic
- Even if the results you are presenting are the same between different talks, different sessions/conferences will have different themes





e.g.

FM4-5: Bridging the final stages of massive stars to supernovae and transients

Title

An interaction creates an enriched nebula around a massive magnetic binary system

Abstract

Understanding the effects of the interactions of stars in multiple systems is critical if we wish to understand the fates of massive stars, 90% of which are expected to exist in at least a binary system and 70% of which are expected to interact over their lifetime (Sana+ 2012). In this talk I will focus on massive stellar interactions as a catalyst for enrichment of their surroundings. I will present the case of the binary system HD 148937, a binary system consisting of two massive stars. This O-star binary system is a rarity amongst its class, displaying magnetism and harbouring a extended, complex bipolar nebula (Lim+ 2024) enriched with CNO process elements (Mahy+ 2017). Through a near-decade-long monitoring of the system with infrared interferometry and spectroscopy our team we constrain the orbit of the system in addition to the physical and atmospheric properties of its individual stars. We find that one star in the system appears significantly different to its companion despite their almost identical brightnesses - the primary star alone is magnetic and when placed on a Hertzsprung-Russell diagram appears ~1.5Myr younger than it's companion. Comparing of our results with hydrodynamical models, we determine that this star must have been formed through a merger and the surrounding nebula was also likely created during this event. Thus, the interactions of massive stars not only have the ability to affect their own fates through mass and rotation changes, but can also enrich their surroundings with the material of stellar interiors.

FM8-3: Advances and Challenges in Understanding the Solar and Stellar Dynamos

Title

Observational evidence that mergers in stellar multiple systems can create magnetism in massive stars

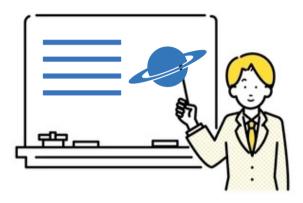
Abstract

In stars like our Sun that have convective envelopes, the surface magnetic field is produced through a dynamo effect. Massive stars (M≥8Msun) have radiative envelopes that cannot actively sustain such a dynamo and yet ~7% of massive stars (e.g. Wade+ 2016) display strong, large-scale, surface magnetic fields, the origins of which are not understood. In this talk I will present the results of a 9~vr interferometric monitoring with multi-epoch spectroscopic data, which have allowed the characterisation of the magnetic massive binary system HD 148937. Only one star of the pair is magnetic, and using its distant companion as an independent clock, we have found a self-consistent scenario in which magnetism originated in only one star in the system due to a merger event, that the system was originally a hierarchical triple system, and two stars of this previous triple merged to create the magnetic star in the current system. This scenario is supported by the presence of a complex bipolar nebula surrounding the binary, which is enriched in CNO process elements. This constitutes observational evidence that magnetic fields in massive stars can be generated through interactions in multiple stellar systems. Given that the fraction of O stars that are predicted to experience a merger is ~8% (de Mink+ 2014), very similar to the ~7% fraction which are observed to have magnetic fields, mergers may be a significant originator of magnetic fields in massive stars.

Unlike my previous slide... limit text!

- Say it, not display it!
- Save text for **key points** and **highlights**
- Base slides around visuals

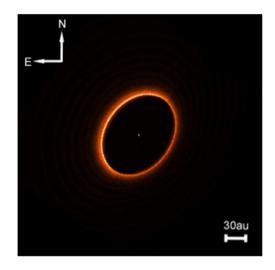




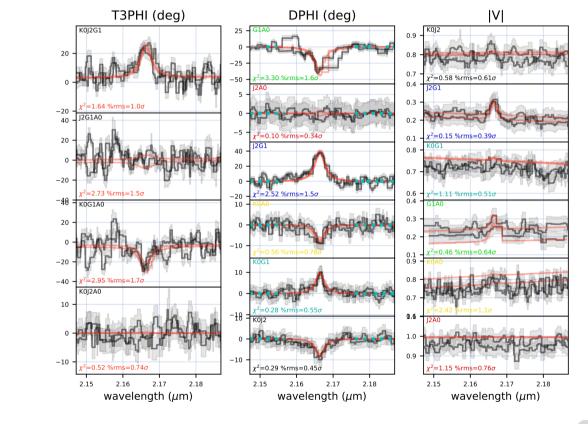
not



Make sure you explain figures



VS.

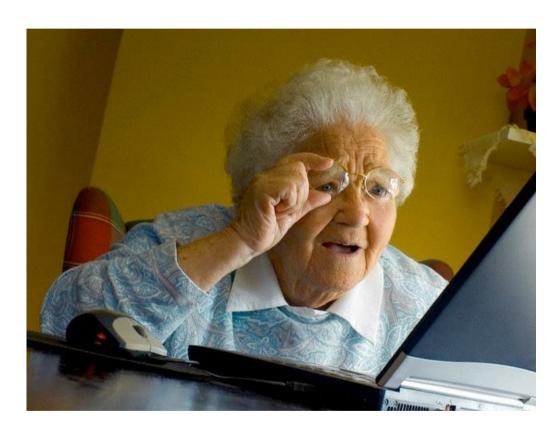




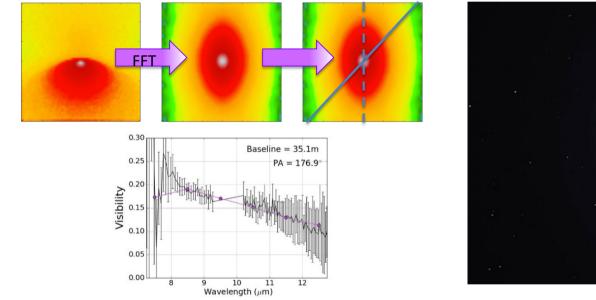
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Make everything legible

- If needed, ask the presentation format before the talk









N.B. too many can slow you down/cause crashes Make sure to test beforehand!



Back-up slides

- Good for:
 - Obvious question point in your talk that might be of interest to specialists but not general audience
 - Details of method that you don't have time for
- Should NOT be used for any key information



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Timing a talk

- Don't assume the runtime of your talk

- -Run it at least once and cut/expand as necessary
- -~1min a slide? Maybe...





What if my talk is too long?



- Things that can be cut for time:
 - Outlines
 - Personal intro
- Results > methods, especially if the paper is published
- Limit context to 1 slide
- Don't read summary slide



Before the talk

- If you want, do a practice run with your peers/supervisor to get feedback!
- Great for the first time you give a new form of talk e.g. interview
 Nervous? Practice makes perfect!





The day of the talk

- Test!

- Organizers should give you an opportunity, if they don't - ASK
- If you have an adaptor/laser pointer, bring them just in case
 - If they are provided, test them as well beforehand
- Double-check aspect ratio so things aren't cut-off



Presenting the talk

- Being audible is key!
 - Speak slowly and clearly
- Don't rush through it
 - If you have a complex figure, talk through it and give people time to take it in
- Eye contact?
 - Key for interviews





Presenting the talk

- Speak into the mic! Especially if the meeting is hybrid
 - By not doing so you are selflimiting your audience
 - If people yell out questions without a mic, repeat them for people online/at the back
- Sound enthusiastic





Dealing with issues

- Pointer stops working? No problem!
 - Describe with reference to figures etc.
- Need to sit? Ask the local organising committee (LOC) beforehand
- Bring water to the stage
- Technical issues? The LOC should help you



Handling questions

- It's ok to not remember something on the spot - just say so.
 - Better than making something up!
- Repeating the question gives you more time to think
- Bullying and degradation should not be allowed
 - Be aware of code-of-conduct procedure





Online talks

- Legibility is less of an issue if everything goes smoothly
- Be careful of background noise
- Try to ensure a stable connection
- Make sure you still look presentable
- Try and make sure your lighting is ok and you can be seen well
- Be careful when reading notes (people can tell)





Last-minute talks

- e.g. winning a poster prize and being given a talk slot with a couple of days notice
- Include more text or use presenter notes
- Adapt a previous talk rather than make it from scratch (if possible)



Takeaways

- Plan your presentations nicely in advance
- Practice always helps for oral presentations
- Ask for advice from your supervisors and peers
- Check presentations before you present/print them
- Tailor your presentation to the audience
 - Remember, you may know your work well but the audience won't
- Make sure it's legible
- Make sure it's eye-catching/engaging